

## How To Read Your Bible

**Read and mark:** Mark your Bible as you go about your daily reading. You could circle words that have similar meanings or underline phrases that you especially enjoy. Mark the passage in way that is useful to you.

For example, Psalm 19:7 might look like this:

<sup>7</sup> The law of the LORD is perfect,  
reviving the soul.  
The statutes of the Lord are trustworthy,  
making wise the simple.

This will help you take a fresh look at God’s Word—the law and statutes of the Lord are perfect and trustworthy, which revive and make wise!

**Reflect:** Pick one thought to meditate on for the day. What most impresses you about Psalm 19:7? It could be, “God’s Word can revive my soul.”

**Respond** to God in prayer about the portion you selected for meditation. “God, thank you for providing a way to nourish my soul.” Ask the Lord to drive it home to your heart, to help you grasp and apply the personal implications. Ask Him to make it more of a reality in your everyday life.

**Record:** You have a better likelihood of remembering and applying what God says to you through His Word, including the personal implications, when you make the extra effort to record your thoughts on paper or in your computer.

**Your daily exercise might look similar to this:**

Best thing I marked today was in verse:

**Reflect:** How it impressed me:

**Respond:** My response to God:

As you fill out this form, you are practicing the fourth “R,” Record. In so doing, you put yourself in the very best position to see God’s Word not merely enter your mind but find its home in your heart.

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